

CERTIFICATE

OF PARTICIPATION

This is to certify that

Gert van Emmenes

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 00:56:19

PACE 05:36/km

OVERALL 126 of 765

GENDER 106 of 311

50+ 8 of 36

26 October 2019, Sat

Date



Bout Time